



Product Name: Skyhook Anchor

Part #: 00300; 00310; 00320; 00330; 00340; 00342

Instruction Manual

Do not throw away these instructions!

Read and understand these instructions before using equipment!



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Introduction

Thank you for purchasing a Guardian Fall Protection Skyhook Anchor. This manual must be read and understood in its entirety, and used as part of an employee training program as required by OSHA or any applicable state agency.

This and any other included instructions must be made available to the user of the equipment. The user must understand how to safely and effectively use the Skyhook Anchor, and all fall safety equipment used in combination with the Skyhook Anchor.



	User Information
Date of First Use:	
Serial #:	
Trainer:	
User:	

Applicable Safety Standards

When used according to instruction specifications, this product meets or exceeds all applicable OSHA 1926 Subpart M, OSHA 1910, ANSI Z359.1-2007, and ANSI A10.32-2012 standards for fall protection. Applicable standards and regulations depend on the type of work being done, and also might include state-specific regulations. Consult regulatory agencies for more information on personal fall arrest systems and associated components.

Worker Classifications



Understand the following definitions of those who work near or who may be exposed to fall hazards.

Qualified Person: A person with an accredited degree or certification, and with extensive experience or sufficient professional standing, who is considered proficient in planning and reviewing the conformity of fall protection and rescue systems.

Competent Person: A highly trained and experienced person who is ASSIGNED BY THE EMPLOYER to be responsible for all elements of a fall safety program, including, but not limited to, its regulation, management, and application. A person who is proficient in identifying existing and predictable fall hazards, and who has the authority to stop work in order to eliminate hazards.

Authorized Person: A person who is assigned by their employer to work around or be subject to potential or existing fall hazards.

It is the responsibility of a Qualified or Competent person to supervise the job site and ensure all applicable safety regulations are complied with.



Safety Information



Failure to understand and comply with safety regulations may result in serious injury or death. Regulations included herein are not all-inclusive, are for reference only, and are not intended to replace a Competent Person's judgment or knowledge of federal or state standards.

Do not alter equipment.

Do not misuse equipment.

Workplace conditions, including, but not limited to, flame, corrosive chemicals, electrical shock, sharp objects, machinery, abrasive substances, weather conditions, and uneven surfaces, must be assessed by a Competent Person before fall protection equipment is selected.

The analysis of the workplace must anticipate where workers will be performing their duties, the routes they will take to reach their work, and the potential and existing fall hazards they may be exposed to.

Fall protection equipment must be chosen by a Competent Person. Selections must account for all potential hazardous workplace conditions.

All fall protection equipment should be purchased new and in an unused condition.

Fall protection systems must be selected and installed under the supervision of a Competent Person, and used in a compliant manner.

Fall protection systems must be designed in a manner compliant with all federal, state, and safety regulations.

Unless explicitly stated otherwise, the maximum allowable free fall distance for lanyards must not exceed 6'. No free fall allowed for non-LE SRLs. SRLs must arrest falls within 54".

Forces applied to anchors must be calculated by a Competent Person.

Harnesses and connectors selected must be compliant with manufacturer's instructions, and must be of compatible size and configuration.

A pre-planned rescue procedure in the case of a fall is required. The rescue plan must be project-specific. The rescue plan must allow for employees to rescue themselves, or provide an alternative means for their prompt rescue.

Store rescue equipment in an easily accessible and clearly marked area.

Training of Authorized Persons to correctly erect, disassemble, inspect, maintain, store, and use equipment must be provided by a Competent Person.

Training must include the ability to recognize fall hazards, minimize the likelihood of fall hazards, and the correct use of personal fall arrest systems.



NEVER use fall protection equipment of any kind to hang, lift, support, or hoist tools or equipment, unless explicitly certified for such use.

Maintenance of equipment must be done according to manufacturer's instructions. Equipment instructions must be retained for reference.

Prior to EACH use, all equipment in a fall protection system must be inspected for any potential or existing deficiencies that may result in its failure or reduced functionality. IMMEDIATELY remove equipment from service if any deficiencies are found.

Equipment must be inspected by a Competent Person at least every six months. These inspections must be documented in equipment instruction manual and on equipment inspection grid label.

Equipment must be inspected for defects, including, but not limited to, the absence of required labels or markings, improper form/fit/function, evidence of cracks, sharp edges, deformation, corrosion, excessive heating, alteration, excessive wear, fraying, knotting, abrasion, and absence of parts.

Equipment that fails inspection in any way must immediately be removed from use, or repaired by an entity approved by the manufacturer.

No on-site repair of equipment unless explicitly permitted by Guardian Fall Protection.

Equipment subjected to forces of fall arrest must immediately be removed from use.

Snap hooks, carabiners, and other connectors must be selected and applied in a compatible fashion. All risk of disengagement must be eliminated. All snap hooks and carabiners must be self-locking and self-closing, and must never be connected to each other.

Age, fitness, and health conditions can seriously affect the worker should a fall occur. Consult a doctor if there is any reason to doubt a user's ability to withstand and safely absorb fall arrest forces or perform set-up of equipment.

Pregnant women and minors must not use this equipment.

Physical harm may still occur even if fall safety equipment functions correctly. Sustained post-fall suspension may result in serious injury or death. Use trauma relief straps to reduce the effects of suspension trauma.

Allowable individual worker weight limit (including all equipment), unless explicitly stated otherwise, is 130-310 lbs.



Maintenance, Cleaning, and Storage

Repairs to Skyhook Anchors can only be made by a Guardian Fall Protection representative or an entity authorized by Guardian. Contact Guardian for all maintenance and repair needs at: 1-800-466-6385. If a Skyhook Anchor fails inspection in any way, immediately remove it from service, and contact Guardian to inquire about its return or repair.

Cleaning after use is important for maintaining the safety and longevity of Skyhook Anchors. Remove all dirt, corrosives, and contaminants from Skyhook Anchors before and after each use. If Skyhook Anchor cannot be cleaned with plain water, use mild soap and water, then rinse and wipe dry. NEVER clean Skyhook Anchors with corrosive substances.

When not in use, store equipment where it will not be affected by heat, light, excessive moisture, chemicals, or other degrading elements.

Inspection

KEEP INSTRUCTIONS AVAILABLE FOR REFERENCE. Record Date of First Use.

Prior to EACH use, inspect Skyhook Anchor for deficiencies, including, but not limited to, corrosion, deformation, pits, burrs, rough surfaces, sharp edges, cracking, rust, paint buildup, excessive heating, alteration, and missing or illegible labels. IMMEDIATELY remove Skyhook Anchor from service if defects or damage are found, or if exposed to forces of fall arrest.

Ensure that applicable work area is free of all damage, including, but not limited to, debris, rot, rust, decay, cracking, and hazardous materials. Ensure that selected work area will support the application-specific minimum loads set forth in this instruction manual. Work area MUST be stable.

At least every 6 months, a Competent Person other than the user must inspect Skyhook Anchors. Competent Person inspections MUST be recorded in inspection log in instruction manual and on equipment inspection grid label. The Competent Person must sign their initials in the box corresponding to the month and year the inspection took place.

During inspection, consider all applications and hazards Skyhook Anchors have been subjected to.





Product Specific Applications



Use of equipment in unintended applications may result in serious injury or death. Maximum 1 attachment per connection point.



Personal Fall Arrest: Skyhook Anchors may be used to support a MAXIMUM 1 Personal Fall Arrest System (PFAS) for use in Fall Arrest applications. Structure must withstand loads applied in the directions permitted by the system of at least 5,000 lbs. Maximum free fall is 6', or up to 12' if used in combination with equipment explicitly certified for such use. Applicable D-ring: Dorsal.



Restraint: Skyhook Anchors may be used in Restraint applications. Restraint systems prevent workers from reaching the leading edge of a fall hazard. Always account for fully deployed length of lanyard/SRL. Structure must withstand loads applied in the directions permitted by the system of at least 1,000 lbs. No free fall is permitted. Restraint systems may only be used on surfaces with slopes up to 4/12 (vertical/horizontal). Applicable D-rings: Dorsal, Chest, Side, Shoulder.



Work Positioning: Skyhook Anchors may be used in Work Positioning applications. Work Positioning systems allow a worker to be supported while in suspension and work freely with both hands. Structure must withstand loads applied in the directions permitted by the system of at least 3,000 lbs. Maximum allowable free fall is 2'. Applicable D-rings: Side, Shoulder.

For all applications: worker weight capacity range (including all clothing, tools, and equipment) is 130-310 lbs., or up to 420 lbs. if used in combination with equipment explicitly certified for such use.





Limitations

Fall Clearance: There must be sufficient clearance below the anchorage connector to arrest a fall before the user strikes the ground or an obstruction. When calculating fall clearance, account for a MINIMUM 3' safety factor, deceleration distance, user height, length of lanyard/SRL, and all other applicable factors. **Diagram shown is an example fall clearance calculation ONLY.**

FALL CLEARANCE CALCULATION Lanyard length (6' total) Deceleration Required distance (4' total) distance from anchorage (19' total) Height of harness dorsal D-ring from worker's feet (6' total) Safety factor (3' total)

Swing Falls: Prior to installation or use, make considerations for eliminating or minimizing all swing fall hazards. Swing falls occur when the anchor is not directly above the location where a fall occurs. Always work as close to in line with the anchor point as possible. Swing falls significantly increase the likelihood of serious injury or death in the event of a fall.



Compatibility: When making connections with Skyhook Anchors, eliminate all possibility of roll-out. Roll-out occurs when interference between a hook and the attachment point causes the hook gate to unintentionally open and release. All connections must be selected and deemed compatible with Skyhook Anchors by a Competent Person. All connector gates must be self-closing and self-locking, and withstand minimum loads of 3,600 lbs. See the following for examples of compatible/incompatible connections:

Connector closed and locked to D-ring. **OK.**





Connector to integral lanyard. NO.

Two or more snap hooks or carabiners connected to each other. NO.









Connector directly to webbing.

Two connectors to same D-ring. **NO.**





Application that places load on gate. **NO.**

Incompatible or irregular application, which may increase risk of roll-out. NO.







Connector directly to horizontal lifeline. **NO.**

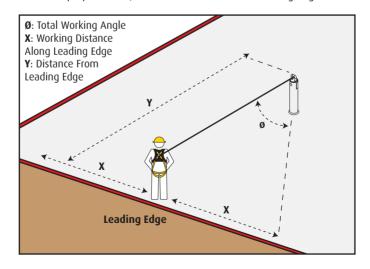


Correct Anchorage Positioning:

This chart details allowable working zones required to reduce risk of swing falls and improper side loading. ALWAYS adhere to information specified by chart.

Anchor Distance From Leading Edge (Y)	Working Distance Along Roof Edge (Either Direction) (X)	Working Angle From Perpendicular (Ø)
6′	8'	53°
10′	9' - 9"	45°
15′	11' - 7"	38°
20′	13' - 3"	33°
25′	14' - 6"	30°
30′	16′	28°
35′	17' - 2"	26°
40′	18' - 3"	24°
45′	19' - 4"	23°
50′	19' - 10"	21°
55′	21' - 4"	21°
60′	22' - 3"	21°

For example, if the anchorage connector is 6' from the leading edge (Y), the working distance (X) is 8' in each direction from the perpendicular, which translates to a 53° working angle.



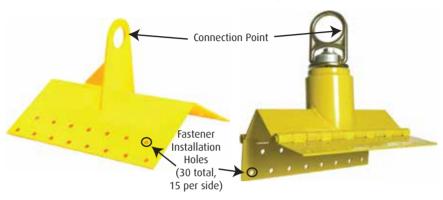


Components and Specifications

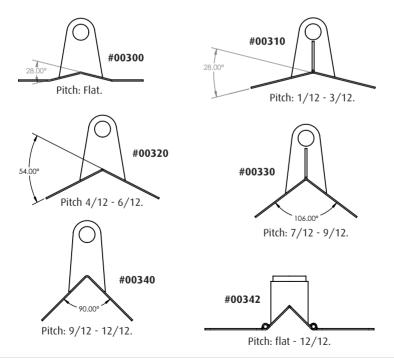
Materials:

#00300, 00310, 00320, 00330, 00340: Powder-coated steel

#00342: Powder-coated steel and Zinc-plated steel



See the following for applicable roof pitches for Skyhook Anchors:





Installation and Use

MINIMUM substrate requirements: Wood: 3/4" CDX. Metal: 20q. Concrete: 6" (2,000 p.s.i. or greater).

Skyhook Anchor MUST install flush against substrate.

- 1. Determine desired location for anchor; ensure location is free of debris, rot, decay, cracking, and hazardous materials. NEVER install on gable ends, fascias, rake ends, overhangs, bottom cords, collar boards, spliced sections, or substrate incapable of withstanding application minimum loads.
- 2. Make considerations for eliminating or minimizing swing fall hazards.
- 3. ALWAYS measure roof pitch prior to installation. NEVER use Skyhook Anchor incompatible with roof pitch.

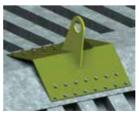
Guardian recommends Skyhook Anchors be placed no more than 20' apart.
Skyhook Anchors MUST be placed a MINIMUM 10' from all leading edges of fall hazards.
Installation MUST be supervised by a Competent Person.

- 4. Ensure all fasteners are those supplied by Guardian Fall Protection, or are deemed compatible by a Competent Person.
- 5. For installations on wood and metal, use (30) #14x10 2" screws or better. All Fastener Installation Holes MUST be filled.
- 6. For installations on concrete, use (30) 3½" concrete fasteners that have been selected and deemed compatible with Skyhook Anchor by a Competent Person. Concrete installations must be done directly on substrate, and never through any intermediary substrates. All Fastener Installation Holes MUST be filled.
- 7. Connect to Skyhook Anchor with complete and compatible PFAS. All connector gates must be self-closing and self-locking, and must withstand MINIMUM loads of 3,600 lbs.

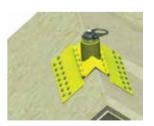
Example installations:



#00300 Pitch: Flat Substrate: 6" (2,000 p.s.i. concrete)



#00320 Pitch: 4/12 Substrate: 20g metal



#00342 Pitch: 10/12 Substrate: 3/4" CDX



Skyhook Anchors must be properly flashed to be used in permanent applications. It is the responsibility of the installer/roofer to properly flash this anchor.

Use Guardian Fall Protection flashing kit (#00352) with Skyhook Anchor:

- 1) Place large neoprene gasket at installation location.
- 2) Place Skyhook over large gasket.
- 3) Place small gasket over skyhook.
- 4) Install aluminum flashing over small gasket.

If removing and reinstalling a Skyhook Anchor, fully inspect the anchor according to instruction inspection specifications.

DO NOT reuse if any signs of damage or defects are found.

ALWAYS use new fasteners for each new installation application.

Skyhook Anchor Horizontal Lifeline Systems:

- 1. Skyhook Anchors may be used to facilitate a cable Horizontal Lifeline, for use by up to 4 workers in fall restraint, OR 1 worker in fall arrest. Restraint applications allowed only on pitches up to 4/12.
- 2. Horizontal Lifeline cable MUST be 3/8" galvanized aircraft cable (14,400 lb. minimum tensile strength). Ensure that cable length will allow for a minimum 18" of cumulative slack throughout entire Horizontal Lifeline System.
- 3. To attach 3/8" cable, run cable through Connection Point of Skyhook Anchor, then run through gusset hole on back of the anchor, and bring back through the Connection Point. Secure cable to itself using a MINIMUM 3 compatible cable clamps (sold separately), as determined by a Qualified Person. Contact Guardian Fall Protection with any questions.
- 4. Run cable through a series of Skyhook Anchor Connection Points, and terminate at Skyhook Anchor at end of desired run length. Secure cable by running cable through Connection Point, through gusset hole, back through Connection Point, and secure with 3 compatible cable clamps. ALL Connection Points of Skyhook Anchors in horizontal lifeline system MUST be directly in line.
- 5. NEVER stretch the cable tight! Allow 18" of cumulative slack throughout entire system. Measure cable slack at midpoint between two consecutive Skyhook Anchors, and repeat for entire system. NEVER use system in any application if less than 18" of cable slack exists. ALWAYS ensure adequate fall clearance exists. All horizontal lifeline installation MUST be supervised by a Qualified Person.







Labels

#00300:



Date of manufacture Structure must withstand MINIMUM load of 5,000 lbs Substrate strength requirements: Wood: 3/4" CDX plywood or better Metal: 20ga. or thicker. Concrete: 2000 p.s.i. minimum. Capacity range: 130-310 lb: (including all equipment)

Avoid contact with sharp and abrasive edges and surfaces

Avoid contact with all hazards, including, but not limited

#00310:

Prior to use, read and understand all instructions provided GUARDIAN with equipment at time of shipment from manufacturer. Compliant with all OSHA 1910, OSHA 1926 Subpart M, ANSI 2359.1-2007, and ANSI A10.32-2004 regulations. Compatible roof pitch: 1/12 - 3/12. Skyhook Anchor

Part #: 00310 te of manufactur Structure must withstand MINIMUM load of 5.000 lbs.

Substrate strength requirements: Wood: 3/4" CDX plywood or better Metal: 20qa. or thicker. Concrete: 2000 p.s.i. minimum.

Avoid contact with sharp and abrasive edges and surfaces **↑**WARNING laterials: Powder-coated st

#00320:

Materials: Dowder-roated stu



Capacity range: 130-310 lb: (including all equipment) Materials: Powder-coated st

Prior to use, read and understand all instructions provided with equipment at time of shipment from manufacturer. Impliant with all OSHA 1910, OSHA 1926 Subpart M, Compatible roof 193 7259-1-2007, and ANSI A10.32-2004 regulations. 4/12 - 6/1:

Compatible roof pitch: 4/12 - 6/12. All fasteners, equipment, and connections must be selected and deemed compatible with the Skyhook Anchor by a Competent Person. All fastener holes MUST be filled. Structure must withstand MINIMUM load of 5,000 lbs.

anucture must winistand announts load or 3,000 fbs.
Substate strength requirements: Wood 3,47 (50 phywood or better.
Metal: 209a, or thicker. Concrete: 2000 p.s.t. minimum.
Avoid contact with sharp and abnasive edges and surfaces.
Avoid contact with all hazards, including, but not limited to,

#00330:



Capacity range: 130-310 lb: (including all equipment) erials: Powder-coated s

Prior to use, read and understand all instructions provided with equipment at time of shipment from manufacturer. mpliant with all 05HA 1910, 05HA 1926 Subpart M, Compatible roof NSI 2359-1:2007, and ANSI A10.32-2004 regulations. 7/12 - 9/12 Compatible roof pitch: 7/12 - 9/12.

All fasteners, equipment, and connections must be selected and deemed compatible with the Skyhook Anchor by a Competent Person. All fastener holes MUST be filled. Structure must withstand MINIMUM load of 5,000 lbs.

#00340:



Prior to use, read and understand all instructions provided with equipment at time of shipment from manufacturer. ompliant with all OSHA 1910, OSHA 1926 Subpart M, INSI 2359.1-2007, and ANSI A10.32-2004 regulations.

Compatible roof pitch 10/12 - 12/12. All fasteners, equipment, and connections must be selected and deemed compatible with the Skyhook Anchor by a Competent Person. All fastener holes MUST be filled. Structure must withstand MINIMUM load of 5,000 lbs

Substrate strength requirements: Wood: 3/4" CDX plywood or better. Metal: 20ga. or thicker. Concrete: 2000 p.s.i. minimum.

Avoid contact with alar pand abrasive edges and surface electrical shock, corrosave substances, and excessive he electrical shock, corrosave substances, and excessive he

#00342:

GUARDIAN Adjustable Skyhook Anchor Part #- 003/12

Prior to use, read and understand all instructions provided

with equipment at time of shipment from manufacturer.

Compliant with all OSHA 1910, OSHA 1926 Subpart M, Compatible roof pitch:
ANSI 2359.1-2007, and ANSI A10.32-2004 regulations. flat - 12/12.

Structure must withstand MINIMUM load of 5,000 lbs

Substrate strength requirements: Wood: 3/4" CDX plywood or better. Metal: 20ga. or thicker. Concrete: 2000 p.s.i. minimum.

Avoid contact with sharp and abrasive edges and surfaces.

Avoid contact with sharp and abrasive edges and surfaces.

Avoid contact with all hazards, including, but not limited to electrical shock, corrosive substances, and excessive heat.

For reference only. Background to be white. Date of manufacture to be: month/year.

Inspection Grid for all Skyhook Anchors:

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Inspection Log

Date of First Use:

pre-use and Competent Person inspections.

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qiup	men	it fai	ls ins	pect	ion II	MME	DIAT	ELY R	EMO	VE FR	ROM S	SER
quip	men	nt fai	ls ins	pect	ion II	MME	DIAT	ELY R	EMO	VE FR	ROM S	SER
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quip	men	nt fai	ls ins	pect	ion II	MME	DIAT	ELY R	EMO	VE FR	ROM S	SER
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User must inspect prior to EACH use. Competent Person other than user must complete formal inspection at least every 6 months. Competent Person to inspect and initial.

. Product lifetime is indefinite as long as it passes